

Windsor Sixth Form
BTEC Sport Level 3
Course outline

Faculty	Physical Education
Subject	Sport
Course title and code	BTEC Level 3 Diploma in Sport (Development, Coaching and Fitness) - 500/6755/2 (2 A Level equivalent)
Exam Board	Edexcel
Subject mission statement	<p>This course provides an exciting opportunity for all students who have a passion for Sport. You will follow a vocationally specific qualification which will develop a range of personal skills and knowledge that will be essential for successful performance in working life. You will study a range of topic areas which will require you to participate practically as well as research and produce written responses to work related assignment briefs.</p> <p>Your programme of study will be coursework based your skills and knowledge will be assessed through practical tasks written coursework presentations and teacher observation. This is a double award (720 Guided Learning Hours)</p> <p>Who should study a BTEC in Sport?</p> <ul style="list-style-type: none"> • You must be committed to the subject and be prepared to participate in physical activity, including leading other students. • You must be prepared to develop your understanding of the theoretical aspects of sport. • You must have the ability to self motivate and work independently on the completion of assignments. • You must be committed to completing coursework assignments and be able to meet deadlines. • You must have an interest in applying your knowledge to work related contexts and situations. <p>You will also get the opportunity to work with younger students in the leading and delivering of sport sessions. You can also gain additional qualifications such as a basic level 1 in officiating in a selected sport, Level 1 in Community Sports Leadership and Emergency First Aid qualifications.</p>

<p>Course outline</p>	<p><u>Compulsory units:</u></p> <ul style="list-style-type: none"> *Principles of Anatomy and Physiology in Sport *The Physiology of Fitness *Assessing Risk in Sport *Fitness Training and Programming *Sports Coaching *Sports Development *Fitness Testing for Sport and Exercise *Practical Sport (team or individual) <p><u>Specialist Units:</u></p> <ul style="list-style-type: none"> *Practical Sport (team or individual) *Exercise, Health and Lifestyle *Sports Injuries *Rules, Regulations & Officiating in Sport *Organising Sports Events. <p>Units will be assessed in a variety of ways. Students must complete work related assignments in all units to complete the course.</p> <p>Students work will be internally verified by staff and externally verified by the examination board. There is no terminal written examination for this course.</p>
<p>Goes well with</p>	<p>All BTEC Sport qualifications go well with any combination of Subjects. It will go particularly well with other BTEC courses as the method of study will be similar.</p>
<p>Careers and Higher Education</p>	<p>This qualification will give learners opportunity to enter employment in the sport sector or to progress to higher education vocational qualifications in Sport or Sport and Exercise Science.</p> <p>There are also a range of vocational courses that can be accessed to further a career in the sports and leisure industry including: sports development competition manager sports coaching physiotherapy teaching sports management sports journalism working in a leisure centre or life guarding.</p>
<p>Completed by</p>	<p>Mr A Lynch (updated October 2010)</p>